



Truxtun Park Penguins 2010 Swim Season

Coaching Staff: Hilary Yager, Monika Disque, Jenn Bistrack

Practice Schedule

6:15 – 6:45 p.m.

5-6 year olds

6:45 – 7:30 p.m.

7-10 year olds

7:30 – 8:30 p.m.

11-18 year olds

School Night Schedule (from 6/1 – 6/12)

(5:30 – 6:00 p.m.)

(6:00 – 6:45 p.m.)

(4:30 – 5:30 p.m.)

Practice Begins **Tuesday, June 1st**, and will run through Thursday for the first two weeks, then Monday – Friday for the main season.

**** Exception**

Friday night before swim meets, no practice for 5 – 6 year olds.

6:15 – 7:00 p.m.: 7-10 year olds 7:00 – 7:45 p.m.: 11-18 year olds

Dual Meet Schedule meets begin at 8:30 am

6/12 Truxtun v. Indian Landing @ Indian Landing

6/19 Truxtun v. Harting Farm @ Truxtun (Concessions)

6/26 Truxtun v. Ulmstead @ Ulmstead

6/30 Truxtun v. Mayo @ Truxtun (This is a Wednesday night meet. Concessions)

7/10 off

7/14 Truxtun v. Evergreen @ Truxtun (This is a Wednesday night meet. Concessions)

7/17 Truxtun v. South River Colony @ SRC

Championship meets

The Championship meets are driven by time standards so we won't know which meet your child qualifies for until after the first several meets. Entry paperwork for championship meets will be passed out two weeks prior these meets. It is the responsibility of parents to turn the paperwork in on time for children to be able to swim in their championship meet.

Bronze—7/21

Silver—7/24

Gold— 7/25

Banquet—7/26

Penguin Gear

For practice, swimmers need a sturdy bathing suit, goggles & swim cap. The cap is optional, goggles are essential. The City Rec/Park will provide all other gear necessary for practice (kickboards, fins).

For meets, swimmers need the team suit, goggles, swim cap and sunscreen.

Contact Info:

Jenn Bistrack

(410) 263-7958

jbistrack@annapolis.gov

www.annapolis.gov/recreation

Cy's Swimwear

(410) 747-8760

Pool Number: 410-263-7928

In the case of inclement weather, please call the pool to find out the status of practice.

TPP Parent Volunteer Positions

Volunteering is essential for a successful season. We'll be looking for volunteers to fill the following positions. Some positions are needed for each meet while others are only needed at the home meets. Volunteer assignments for each meet will be filled the week prior to each meet.

_____ Penguin Café – concessions for 6/19/10, 6/30/10 & 7/14/10 swim meets

_____ Starter/Referee— home meets (see dates above)

_____ Stroke & Turn Judges— 2 – 4 needed for all meets (preferred to have previous experience as swimmer or swimming parent, special training provided)

_____ Ribbon Writers – all meets

_____ Timers – all meets

_____ Software Operator – all meets (must be willing to learn Team Manager/Meet Manager & be available the whole season.)

_____ Bull Pen/Lane Organizer – all meets; must have loud voice and vast patience

_____ Kid Finders – all meets (see qualifications above)

_____ Meet set-up (home meets)

_____ Meet clean-up/breakdown (home meets)

_____ Awards Banquet – 7/26 (tentative date)

Thank you for your dedication to make this a fantastic season!